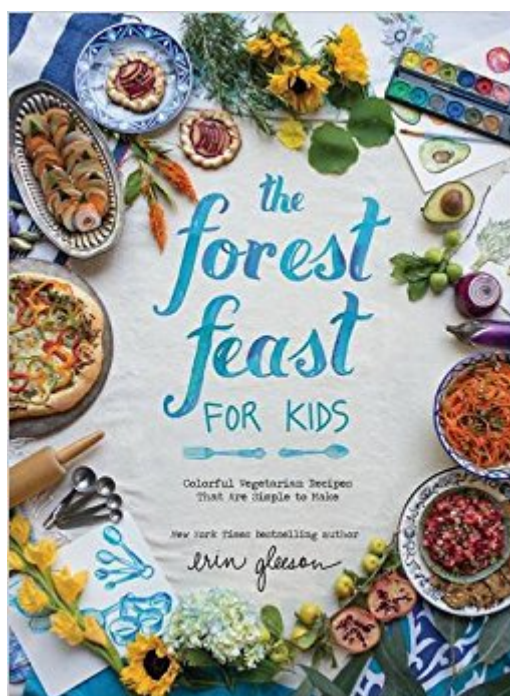


The book was found

# The Forest Feast For Kids: Colorful Vegetarian Recipes That Are Simple To Make



## Synopsis

The Forest Feast for Kids includes the most kid-friendly favorites from The Forest Feast, along with 20 new recipes, plus ideas for kids' parties and easy-to-follow instructions on techniques, measurements, and other helpful kitchen aides. The first children's cookbook from New York Times bestselling author and popular food blogger Erin Gleeson, The Forest Feast for Kids, serves up kid-friendly vegetarian recipes that are quick, easy, and fun to make. This cookbook showcases the rustic simplicity of the fare through vibrant colorful photography of Gleeson's beautiful home in the woods and of children cooking the dishes themselves. Each meal is simple and full of fresh and lively flavors that will appeal to kids. The natural beauty of Gleeson's surroundings and the abundance of local produce serve as the inspiration for recipes such as: Pesto Pepper Pizza Rainbow Chard Quiche Kale Tacos Watermelon Smoothies. In addition to its recipes—which span meals, party food, snacks, and beverages—this nonfiction book includes ideas for crafty table decoration, party ideas, an illustrated guide on kitchen safety, and a glossary of culinary terms. The recipes are complemented by a mix of stunning photographs and art, including Gleeson's own fanciful watercolor illustrations and hand lettering. This beautifully designed kid-friendly cookbook is perfect for foodies and parents looking for healthy recipes for children. It will also appeal to fans of Erin Gleeson's blog and The Forest Feast. Parents.com says "Have you ever wanted to crawl into a cookbook and live in its world? That's how I feel when I page through Erin Gleeson's gorgeous The Forest Feast for Kids." Also available from Erin Gleeson: The Forest Feast: Simple Vegetarian Recipes from My Cabin in the Woods and The Forest Feast Gatherings.

## Book Information

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Product Dimensions: 8.2 x 0.5 x 11.2 inches

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Average Customer Review: 3.7 out of 5 stars 48 customer reviews

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> Growing Up & Facts of Life > Health > Diet & Nutrition #42 in [The Best Children's Books](#) > Children's Books > Children's Cookbooks #72 in [The Best Children's Books](#) > Children's Books > Activities, Crafts & Games > Crafts & Hobbies

Age Range: 8 - 12 years

Grade Level: 3 - 7

## Customer Reviews

Gr 5 Up — Inspired in part by the birth of her son, food photographer and artist Gleeson has written a lushly photographed and illustrated cookbook for young gourmets. Similar in style to her adult cookbook *The Forest Feast*, this title uses eye-catching photos and colorful watercolor drawings to illustrate every recipe. The first pages explain terms and measurements and show kitchen tools and prep techniques (how to trim kale, how to mince garlic). There are five to seven recipes in each of the five sections with four suggestions for parties that include additional theme recipes. Most recipes call for just a few ingredients. Photographs demonstrate what is meant by "make ribbons" or "cut into 1/4" slices." The dishes assume a sophisticated and adventurous palate. Adult supervision is likely necessary for some — to prepare quinoa or to know how to free the fresh pomegranate seeds for the hot cider. VERDICT A feast for the eyes, with some recipes more likely to appeal to the average child appetite than others. Likely to find its best audience in large, urban libraries and anywhere there are young vegetarian foodies. — Maggie Knapp, Trinity Valley School, Fort Worth, TX

"With its daring flavors and a whimsical, though mature, feel, this eye-catching cookbook is ideal for young foodies." (Booklist) — "a lushly photographed and illustrated cookbook for young gourmets — uses eye-catching photos and colorful watercolor drawings to illustrate every recipe — A feast for the eyes." (School Library Journal)

Its a beautiful and practical cookbook, a rare combination. I love it. If you have the original *Forest Feast*, some recipes are redundant, but if you don't or even if you do, this is a beautiful and inspiring cookbook, geared toward cooking for children or more simply. The quality of the hardcover and pages are perfect.

This is the perfect cookbook for new kid chefs! The layout is beautiful, the recipes are easy for kids to follow, and it is a great way to get your kids to eat their veggies and help out in the kitchen. I know

this will be my go to birthday gift for all of my friend's kids.

The recipe book is slim and many repeat recipes from her original book. Save your money and buy the original.

I am so confused... This book is 80% recipes from her first book, and it's not even written in a way for kids to get involved. Pointless.

beautiful book! but recipes are pretty Meh! I'm trying to pump my kids with veggies and introduce them to new veggies beyond the sweet ones... this isn't the book to help me! it has lots of carrots, sweet potatoes, fruits... my kids eat those already! was looking for something new! deserts all have sugar :/ again... that's not new, we can all go online and find deserts with sugar in them :/

Appetizers and drinks were quite good, the carrot and cucumber salads were good, but aside from those, my child (nor anyone else in the family) cared much for anything in the book :( For the price, I expected more recipes too. But I will say how much I love the layout and simplicity- very easy to follow

Eh cute book. not very useful. Love the ideas but not a lot of flavor. Im a foodie. We like to go vegetarian for one week a month. these book didnt do much for the kids. very fun creating the dishes, but that was about it.

Great book with beautiful photos! The child I gave it to was excited to start making some of these easy treats right away. Good ideas for parties and playdates too.

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VEGETARIAN FOOD RECIPES FROM OUR VIETNAMESE HOME - VEGETARIAN FOOD RECIPES VEGAN RECIPES ASIAN ... RECIPES ASIAN VEGAN SERIES Book 1) Vegetarian: 4-Week Vegetarian Nutrition Cookbook for Everyday Lifestyle - 39 Quick & Easy Vegetarian Meal Plans for Beginners (Healthy Low Carb Vegetarian Recipes for Diet and Lifestyle) The Forest Feast: Simple Vegetarian Recipes from My Cabin in the Woods KETOGENIC DIET VEGETARIAN: 120 BEST KETOGENIC VEGETARIAN RECIPES (weight loss, ketogenic cookbook, vegetarian, keto, healthy living, healthy recipes, ketogenic diet, breakfast, lunch, dinner, vegan) 50 Dutch Oven Recipes For The Vegetarian - Quick and Easy One Pot Meals (Vegetarian Cookbook and Vegetarian Recipes Collection 8) The Forest Feast Gatherings: Simple Vegetarian Menus for Hosting Friends & Family Instant Pot Cookbook For Vegetarian Legends: Electric Pressure Cooker Guide Through The Best Vegetarian Recipes Ever (vegetarian, Instant pot slow cooker, ... lunch, dessert, dinner, snacks, SERIES 2) Instant Pot Cookbook For Vegetarian Legends: Electric Pressure Cooker Guide through the best vegetarian recipes ever (vegetarian, Instant pot slow ... lunch, dessert, dinner, snacks, for two) The Healthy Ketogenic Vegetarian Cookbook: 100 Easy & Delicious Ketogenic Vegetarian Diet Recipes For Weight Loss and Radiant Health (Vegetarian Keto Diet) (Volume 1) Paleo Baking Ultimate Feast Recipes: Step by step recipes to a delicious gluten-free, grain-free and dairy-free paleo feast! Top 30 Turkish Vegetarian Recipes in Just And Only 3 Steps (World Most-Popular Vegetarian Recipes Book 8) Books For Kids: Natalia and the Pink Ballet Shoes (KIDS FANTASY BOOKS #3) (Kids Books, Children's Books, Kids Stories, Kids Fantasy Books, Kids Mystery ... Series Books For Kids Ages 4-6 6-8, 9-12) Vegetarian Keto: Start a Plant Based Low Carb High Fat Vegetarian Ketogenic Diet to Burn Fat Easily and Increase Insulin Sensitivity (Simple Keto Book 5) Instant Pot Cookbook Best Recipes: Healthy, Easy, Quickly, Tasty, Vegetarian, Paleo Recipes, Set & Forget Recipes. Power Pressure Cooker Recipes. Instapot recipes. Bullet Colorful Journal: Bullet Grid Journal Colorful Polka Dots, Square (8.5 x 8.5), 150 Dotted Pages, Medium Spaced, Soft Cover (Vintage Dot Grid Journal Square) (Volume 1) Vegetarian Weight Loss: How to Achieve Healthy Living & Low Fat Lifestyle (Weight Maintenance & Heart Healthy Diet) (Special Diet Cookbooks & Vegetarian Recipes Collection Book 1)

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